

Follow the River Stour
as it flows from its source
to the sea:- what will you
discover along the way?

Since the Stone Age humans have left their mark on the Stour Valley landscape. Find out more in the Heritage Factsheet.

The Stour Valley has inspired artists, writers and musicians to be creative: we think you will be inspired too!

You will be amazed at the variety of animals and plants living in the Stour Valley: we hope you will go out and find some of them for yourself.

Discover how careful river management keeps the River Stour healthy today and for tomorrow.

STOUR VALLEY
Discovery Fact Sheets

Use these fact sheets to find out about the area of land around the River Stour, which flows along the border of the counties of Essex and Suffolk.

They are full of activities, ideas and information to inspire you to learn more about this beautiful area.

Where can you see a Dragon in the Stour Valley?

Which bird has been mistaken for a ghost?

Explore the Stour Valley's past, present and future.



STOUR VALLEY EDUCATION NETWORK